

INHALATION SEDATION – PATIENT INFORMATION

If you are anxious about the treatment you are receiving, then a sedative gas may make your experience more pleasant.

Unlike a General Anaesthetic, it does not render you completely unconscious, just pleasantly relaxed enough for you to not care much about the procedure.

The gas is breathed through a mask over nose your nose and mouth and works for as long as it is kept on. It is safe and avoids the substantial risk of a General Anaesthetic.

Sedation is available to NHS patients in Dorset but unfortunately the NHS does not fund it for patients in London at this time. It is available to any patient in any region receiving treatment on a private basis.

Before the procedure

You can have a light meal up to 2 hours before treatment.

You must wear flat comfortable shoes and loose clothing that allows your sleeves to be rolled up.

You must not wear false nails or nail polish as these would interfere with a small medical monitoring peg that is placed on your finger.

You must take all your regular medication as usual.

You must not drink alcohol for at least 24 hours prior to the procedure.

After the procedure

You must not drive.

You must not drink any alcohol for at least 24 hours.